

# Orchid



## How to Increase Humidity for Stronger Growth

Orchids prefer humidity levels between 40% and 70% to mimic their tropical origins. If the air is too dry, their roots and leaves can suffer.

- **Best Humidity Methods:**

- Use a humidity tray: Place a shallow dish filled with pebbles and water under the plant (but do not let roots sit in water).
- Group orchids together to create a natural microclimate.
- Use a small humidifier if indoor air is particularly dry.

- **Avoid:** Misting too frequently—excess moisture on leaves can encourage fungal growth.

## How to Prune an Orchid After Blooming

Once flowers fade, proper pruning encourages new growth and potential reblooming.

- **For Phalaenopsis Orchids:**

- Find the nearest node (small bump) below the last bloom and cut the spike ½ inch above it. This can encourage a secondary bloom.
- If the entire spike turns brown, cut it off at the base.

- **For Dendrobium and Cymbidium Orchids:**

- Do not cut green stems—these varieties bloom on mature canes.
- Once the spike is completely dry and brown, remove it at the base.

Proper pruning directs the plant's energy toward new roots and stronger growth.